



Discovery Bay Activity Guide

Your Guide to Discovery Bay Classes & Programs

Summer 2017

**Summer Jam
Concert** see page 4

Art Camps
see pages 9 & 13

**Registration Opens
May 11**

**Parks
Make
Life
Better!**



Be sure to follow
us on Facebook

REGISTRATION INFORMATION

Summer Hours of Operation Starting 6/5/17

Mon-Fri: 8:00AM - 8:00PM
Sat-Sun: 8:00AM - 7:00PM
(Hours of operation subject to
change without notice)

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Board of Directors

President: Robert Leete
Vice President: Kevin Graves
Director: Bill Mayer
Director: Bill Pease
Director: Chris Steele
General Manager:
Mike Davies

Parks & Recreation Staff

Parks & Landscape Manager
Brian Miller

Parks & Landscape Crew
Cory Cardwell
Estevan Rocha
Marcos Hernandez
Sheridan Hart

Parks & Recreation Assistant
Monica Gallo

Recreation Supervisor
Mac Kaiser



1601 Discovery Bay Blvd.
Discovery Bay, CA 94505
(925) 392-4575

What if I need special accommodations?

If you require special accommodations, please specify on the registration form and contact the Community Center directly.

What if I need to bring something special?

Special required items will be listed in the class or program descriptions. For any additional questions, please feel free to contact the Community Center during regular business hours.

What if a class or program is cancelled?

Customer requested refunds/transfers no later than 3 business days prior to the first day of class. No refunds after first class. No refunds or make-ups for missed days. A processing fee of \$7 will be charged for all cancellations after a registration has been processed. If minimum class size is not met by the Wednesday prior to the start of class, the class may be cancelled. In the event that the District cancels a class, you will receive a full refund. Outdoor classes are cancelled in the event of lightning.

Registration Information

There are four (4) ways to register.



Mail-In

Town of Discovery Bay
1800 Willow Lake Road
Discovery Bay, CA 94505



Online

at www.todb.ca.gov



Call-in

(925) 392-4575



Walk-in

1601 Discovery Bay Blvd.
Mon-Fri: 8:00AM-8:00PM
Sat-Sun: 8:00AM-7:00PM

HAVE YOU ENJOYED A WALK WITH YOUR DOG TODAY?

Don't forget this summer to visit the Town of Discovery Bay's Dog Park, located at 1601 Discovery Bay Blvd. Get out there and have some fun with your four-legged friend. Park hours coincide with the Town of Discovery Bay Community Center.



Effective June 5, 2017
Mon-Fri, 8:00AM – 8:00PM
Saturday-Sunday 8:00AM – 7:00PM
(Hours of operation subject to change without notice)



Sign-up Early

Our programs fill up quickly. Don't wait until the last minute. Go online now to sign-up www.todb.ca.gov.

Dock Address Signs

If you didn't take advantage of the Dock Sign Program the first time around, here's your chance to put your address on your dock with a nice new sign that shows



guests, and more importantly, first responders where you live. This provides immediate identification for police and/or fire personnel who might respond by water. Knowing the right address could be a life saver. The signs are \$50 each, and further information can be found on the Town's website at www.todb.ca.gov and click on the News and Announcements link!

Next order will be placed on October 15, 2017



1234 Lakeview Ct



Find us on
Facebook
Town of Discovery Bay



CALENDAR OF COMMUNITY & TOWN EVENTS



EVENING COOL BY THE POOL

Splash, Splash it's a summer bash. Swim & enjoy music under the stars at the Discovery Bay Community Center. Enjoy a hot summer night swim with your family and friends. Space is limited.

When: Friday, July 14th

Time: 7pm-10pm

Price: \$3 per person

What to Bring: Chairs, Towels & Fun



Summer JAM

SATURDAY JUNE 3

1:00pm – 9:00pm
Discovery Bay Community Center

*Beer • Wine
Shopping
Food Fun
Live Music*

Featuring
ROCK SKOOL
the ultimate 80s rock tribute band

BILL BRANDT
Ford BRENTWOOD

SPONSORED BY

Discovery Bay Lions Club

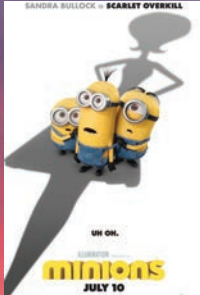
Delta Sun Times

Marples & Associates Realtors

DISCOVERY BAY Community Center

Friday Movies in the Park

All movies start at dusk. Blankets and lawn chairs are recommended! Join us for free outdoor movies at the Discovery Bay Community Center, 1601 Discovery Bay Blvd.



June 9 Minions, PG



June 16 Pan, PG

**June 23 Paul Blart
Mall Cop, PG**



**July 7 Middle School
Worst Years of
My Life, PG**

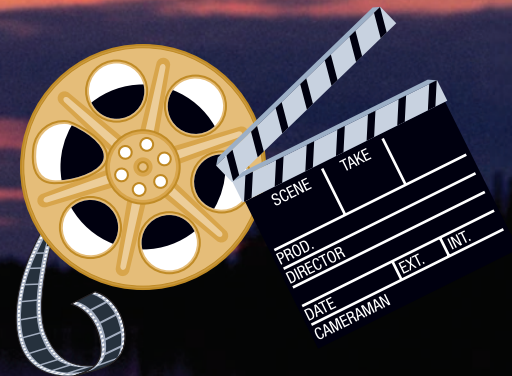
July 21 Finding Dory, PG

July 28 Moana, PG

(Movies subject to change without notice.)

Looking for a few good Sponsorship Partners.

The Town of Discovery Bay is offering a unique opportunity for local businesses to show support for their community. "Friday Movies in the Park" provides just that venue. Sponsorship levels range as little as \$125 up to \$750. For additional information go to the Town's website at www.todb.ca.gov and click on the "Movies in the Park Sponsorship" tab, or contact the Community Center at (925) 392-4575.



YOUTH PROGRAMS



Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!"

Mommy/Daddy & Me Soccer

(Ages 2-3 ½ yrs.)

Introduce your toddler to the World's Most Popular Game! As you participate together in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids will receive a Kidz Love Soccer jersey!

FEE: \$72

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Kidz Love Soccer Coaches

CLASS#	DAY	TIME	DATE
30100	M	5:15-5:45PM	7/17-8/21 (6 weeks)

Tot/Pre Soccer

(Ages 3 ½ - 5 yrs.)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting. All participants will receive a Kidz Love Soccer jersey!

FEE: \$72

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Kidz Love Soccer Coaches

CLASS#	DAY	TIME	DATE
30101	M	4:30-5:05PM	7/17-8/21 (6 Weeks)

Kidz Love Soccer Hotline

KLS class status hotline 1 (888) 372-5803. Receive cancellation notifications on your smartphone by downloading the Kidz Love Soccer app.



Soccer 1: Techniques & Teamwork

(Ages 5-6 yrs.)

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after the first meeting.

FEE: \$72

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Kidz Love Soccer Coaches

CLASS#	DAY	TIME	DATE
30102	M	3:45-4:30PM	7/17-8/21 (6 Weeks)

Soccer 2: Skillz & Scrimmages

(Ages 7-10 yrs.)

Kids will have a great time while developing core soccer skills like dribbling, passing and shooting in a team play format. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey! Shin guards are required after the first meeting.

FEE: \$72

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Kidz Love Soccer Coaches

CLASS#	DAY	TIME	DATE
30103	M	5:55-6:40PM	7/17-8/21 (6 Weeks)

YOUTH PROGRAMS



Tiny Tots

(Ages 3-5 yrs.)

A creative movement course introducing the rudiments of dance in developing skills and technique in ballet, jazz, tap and tumble.

FEE: \$140 (14 classes) \$15.00 drop in fee

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Shannon Leyen, Fabulous Feet & Athletics
(satellite program & location-no registration fee required)

CLASS#	DAY	TIME	DATE
30600	M	4:45-5:30PM	8/7-12/4*

*No class: 9/4, 10/2, 10/9, 11/20

Kids Combo Dance

(Ages 6-9 yrs.)

Introduction to dance basics for new and continuing students in developing skills and techniques in ballet, jazz, tap and tumble.

FEE: \$140 (14 classes) \$15.00 drop in fee

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Shannon Leyen, Fabulous Feet & Athletics
(satellite program & location-no registration fee required)

CLASS#	DAY	TIME	DATE
30601	M	5:30-6:15 PM	8/7-12/4*

*No class: 9/4, 10/2, 10/9, 11/20

Beginning Archery

(Ages 12+, Including Adults)

Would you like to learn a new sport? Come on out to this basic archery class and you will learn the basic skills, safety & rules of archery. This class is perfect for the beginner and intermediate archer. All equipment will be provided and all participants will learn from the experts from the Discovery Bay Archery Club. Equipment supplied by the Discovery Bay Lions Club. NASP style archery.

FEE: \$80

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Al Harcourt, Certified Archery Instructor

CLASS#	DAY	TIME	DATE
30500	TH	6PM-7:30PM	6/22-7/27

Fall/Winter 2017

Calling all instructors! Are you interested in teaching a class? If you have a skill that you would like to share or have experience teaching, visit our website at www.todb.ca.gov and click the instructor forms link. You can also pick up an instructor packet at the Discovery Bay Community Center during regular office hours. For more information call (925) 392-4575.



YOUTH/TEEN PROGRAMS

Tennis Programs

Tennis classes are designed for beginner through advanced students. Lessons are taught in a fun and positive atmosphere covering basic fundamentals, grips, scoring, movement drills, and of course, lots of fun! Students provide their own tennis racquet and tennis shoes must be worn. Tennis balls will be provided.

LOCATION: Discovery Bay Community Center Tennis Courts

INSTRUCTOR: Lucia Peters, PTR

Red Ball Club

(Ages 4-6 yrs.)

Summer Camp:

FEE: \$48

CLASS#	DAY	TIME	DATE
30200	M-TH	4:00-4:45PM	6/12-6/15
30201	M-TH	4:00-4:45PM	6/19-6/22
30202	M-TH	4:00-4:45PM	7/10-7/13

Fall Session:

FEE: \$48

30203	T&TH	4:00-4:30PM	9/5-9/21
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Orange Ball Club

(Ages 7-10 yrs.)

Summer Camp:

FEE: \$72

CLASS #	DAY	TIME	DATE
30204	M-TH	4:45-6:00PM	6/12-6/15
30205	M-TH	4:45-6:00PM	6/19-6/22
30206	M-TH	4:45-6:00PM	7/10-7/13

Fall Session:

FEE: \$84

30207	T&TH	4:30-5:30PM	9/5-9/21
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Juniors Tennis

(Ages 11-17 yrs.)

Summer Camp:

FEE: \$96

Note: 10-year-olds that have completed the "Orange Ball Club" program and have demonstrated a need for advanced training may be allowed in this class but only at the discretion of the instructor.

CLASS #	DAY	TIME	DATE
30208	M-TH	6:00-7:30PM	6/12-6/15
30209	M-TH	6:00-7:30PM	6/19-6/22
30210	M-TH	6:00-7:30PM	7/10-7/13

Fall Session:

FEE: \$84

30211	T&TH	5:30-6:30PM	9/5-9/21
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Advanced Juniors Only Tennis:

(Ages 13-18 yrs. - Advanced/High School Team players only)

This class is appropriate for students whom are returning high school players or have knowledge and skills of tennis strokes. They must also be able to rally with instructor and other students. Admittance into this class must be at the discretion of the instructor.

Special Camp:

FEE: \$120

CLASS #	DAY	TIME	DATE
30212	M-TH	9:00-11:00AM	7/17-7/20

YOUTH/TEEN/ADULT PROGRAMS

Youth ART Camp

(Ages 7-11 yrs.)

Paint, clay, draw, chalk, pastel with easy fun direction. All supplies included. Each day a different project will be completed. Juliee has been teaching art to youth for over 16 years.

FEE: \$125

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

CLASS #	DAY	TIME	DATE
30705	M-F	10:00AM-12:00PM	6/12-6/16



Example of Clay



Example of Chalk

Youth ART Camp

(Ages 12-17 yrs.)

FEE: \$125

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

CLASS #	DAY	TIME	DATE
30706	M-F	1:00PM-3:00PM	6/12-6/16



Example of Chalk



Example of Acrylic

Online Driver's Ed Course

(Ages 15+ yrs.)

The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Registration is ongoing. Once students are registered they will be contacted by the instructor.

FEE: \$39

LOCATION: This is an online program – all students must have access to the internet!

INSTRUCTOR: Safety Driver's Ed

CLASS # 30300



Wagging Tails Training

Beginning Dog Obedience

(Ages 18+ yrs. Junior handlers, 16-17 yrs. must be accompanied by an adult)

Dogs of all ages welcome! STAR Puppy certification available for dogs under 1 year of age. You will be learning the tools for reliable behavior when you ask for a "sit", "down", "stay", and "come when called" and so much more with positive reinforcement and reward training. No more embarrassment when your dog won't pay attention to you.

All dogs must be fully vaccinated and require proof! Bring your dog's favorite treats!

FEE: \$195 (6 classes)

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Shauna Fackler, AKC & APDT Certified Trainer, Wagging Trails Training

CLASS#	DAY	TIME	DATE
30800	TH	6:00PM-7:00PM	6/8-7/13
30801	TH	6:00PM-7:00PM	8/3-9/14*

*No class 8/31

AQUATICS

Community Center Swimming Pool

Recreational Public Swim/Lap Swim

(Subject to change without notice)

Admissions:

General Admission (Swimmer).....	\$3.00
General Admission (Non-Swimmer)	\$2.00
Adults (55+)	\$2.00
Children under 2	Free

Season Passes:

Individual	\$35
Family of 4.....	\$125*
*Extra Family Member	\$24
10 Entry Punch Pass.....	\$20

Note: Children under the age of 12, or those who cannot pass a swim test, MUST be accompanied by a responsible adult 18+. Lifeguard is on duty during Recreation Public Swim.

Weekend Public Schedule

May 27 – Sept 17

Sat-Sun, 12:00PM-6:00PM

Special Holiday Hours

May 29, July 4, and September 4, 12PM-6PM

Weekday Public Schedule

June 12 – July 28

M, Th, F, 1:00PM-6:00PM

Closed Tuesdays and Wednesdays

Adult Lap Swim Summer Schedule

(18+)

July 31- September 15

M-F, 10:00AM-2:00PM

Note: No lifeguard on duty. Adults only with signed waiver!

FACILITY RENTALS

Parties in the Park

Looking for a location to hold that large special event such as a Birthday Party, Graduation Party, Family Reunion or a Neighborhood Party? Securing a use permit entitles the user to priority over the general public. The following parks are available for hourly, half day (6 hours) or full day rentals. A refundable deposit is required.

Cornell Park



Ravenswood Park



Outdoor BBQ

Area Rental

One of the unique and popular features of the Discovery Bay Community Center is the group BBQ and picnic area, located just behind the community pool. This facility has a large brick BBQ, food preparation tables, picnic tables and plenty of shade.



For rental fees and additional information, please contact the Discovery Bay Community Center at (925) 392-4575 or download a Facility or Park Rental Application packet online at www.todb.ca.gov



Parent & Me Swim Lessons

(Ages 6mo-2 yrs.)

The Parent and Me swim lesson is designed with an emphasis on water adjustment and water fun. Skills will include blowing bubbles, leg and arm movements, floats, glides, water songs and toys. Parent participation in the water is required. (4 classes)

FEE: \$25

LOCATION: Discovery Bay Community Center

INSTRUCTOR: TODB Staff

CLASS#	DAY	TIME	DATE
40000	M-TH	11:45AM-12:10PM	6/26-6/29
40001	M-TH	11:45AM-12:10PM	7/24-7/27

Swim Lesson Level I

(Ages 3-5 yrs.)

This beginner class is designed for participants with little-to-no experience in the water. Skills will include blowing bubbles, water entries, bouncing and movement, submersion of face, front and back floating, and jumping from the side of the pool.

(8 classes except where noted)

FEE: \$65/*\$32.50

LOCATION: Discovery Bay Community Center

INSTRUCTOR: TODB Staff

CLASS#	DAY	TIME	DATE
40002	M-TH	11:45AM-12:10PM	6/12-6/22
40003	M-TH	11:45AM-12:10PM	6/26-6/29 (4 classes) *
40004	M-TH	11:45AM-12:10PM	7/10-7/20
40005	M-TH	11:45AM-12:10PM	7/24-7/27 (4 classes) *
40006	M-TH	12:15-12:45PM	6/12-6/22
40007	M-TH	12:15-12:45PM	6/26-6/29 (4 classes) *
40008	M-TH	12:15-12:45PM	7/10-7/20
40009	M-TH	12:15-12:45PM	7/24-7/27 (4 classes) *
40010	M-TH	6:30-7:00PM	8/7-8/17
40011	M-TH	7:05-7:35PM	8/7-8/17

Swim Lesson Level II

(Ages 5-12 yrs.)

This beginner class is designed for participants 5 years and up and will focus on breath control, submersion of body, front and back floats, basic kicks, correct arm motions, and swimming the length of the pool.

(8 classes except where noted)

FEE: \$65/*\$32.50

LOCATION: Discovery Bay Community Center

INSTRUCTOR: TODB Staff

CLASS#	DAY	TIME	DATE
40012	M-TH	6:30-7:00PM	6/12-6/22
40013	M-TH	6:30-7:00PM	6/26-6/29 (4 classes) *
40014	M-TH	6:30-7:00PM	7/10-7/20
40015	M-TH	6:30-7:00PM	7/24-7/27 (4 classes) *
40016	M-TH	6:30-7:00PM	8/21-8/31
40017	M-TH	7:05-7:35PM	8/21-8/31

Swim Lesson Level III

(Ages 5-12 yrs.)

This advanced beginner class is designed for participants 5 years and up. It will focus on breath control, submersion of body, front and back floats, basic kicks, correct motions, and swimming the length of the pool with endurance. This class will help prepare the participant for the swim team!

(8 classes except where noted)

FEE: \$65/*\$32.50

LOCATION: Discovery Bay Community Center

INSTRUCTOR: TODB Staff

CLASS#	DAY	TIME	DATE
40018	M-TH	7:05-7:35PM	6/12-6/22
40019	M-TH	7:05-7:35PM	6/26-6/29 (4 classes) *
40020	M-TH	7:05-7:35PM	7/10-7/20
40021	M-TH	7:05-7:35PM	7/24-7/27 (4 classes) *

Missed Lessons:

It is essential that each lesson is attended to receive the full benefit of the class. Please plan your schedule carefully. Sorry, there are no make-up classes or credits for missed classes.

ADULT PROGRAMS

Zumba by Karina

(Ages 10+ yrs.)

Zumba by Karina is a very exciting dance fitness party with an atmosphere full of Latin and international music. You'll forget you are working out with fun and simple moves to dance like salsa, reggaeton, cumbia, merengue, and more. Best of all, you don't need previous dance experience.

FEE: (Based on the number of classes per month)
3 classes, \$24/ 4 classes, \$32/ 5 classes, \$40/\$10 drop in

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Karina Dugand

CLASS#	DAY	TIME	DATE
30400	T	7:00-8:00PM	6/6-6/27 (4 classes)
30401	T	7:00-8:00PM	7/11-7/25 (3 classes)
30402	T	7:00-8:00PM	8/1-8/29 (4 classes)*
30403	T	7:00-8:00PM	9/5-9/26 (4 classes)

* No class: 8/8

Zumba by Karina

(Ages 10+ yrs.)

Zumba by Karina is a very exciting dance fitness party with an atmosphere full of Latin and international music. You'll forget you are working out with fun and simple moves to dance like salsa, reggaeton, cumbia, merengue, and more. Best of all, you don't need previous dance experience.

FEE: (Based on the number of classes per month)
3 classes, \$24/ 4 classes, \$32/ 5 classes, \$40/ \$10 drop in

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Karina Dugand

CLASS#	DAY	TIME	DATE
30404	TH	7:00-8:00PM	6/1-6/29 (5 classes)
30405	TH	7:00-8:00PM	7/6-7/27 (4 classes)
30406	TH	7:00-8:00PM	8/3-8/31 (4 classes)*
30407	TH	7:00-8:00PM	9/7-9/28 (4 classes)

* No class: 8/10



Time to Tap

(Ages 17+)

Come have fun exercising, increasing balance and stability while learning to tap dance. All tappers are welcome, new and old!

FEE: \$56 (7 classes) \$12.50 drop in fee

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Shannon Leyen, Fabulous Feet & Athletics
(satellite program & location-no registration fee required)

CLASS#	DAY	TIME	DATE
30602	M	6:45PM-7:30PM	8/7-9/25*
30603	M	6:45PM-7:30PM	10/16-12/4*

*No class: 9/4, 11/20

Local Businesses

Would you like to advertise your business in our next activity guide?

Call

925-392-4575

ADULT PROGRAMS

Smeared Paint Adult Paint Night

(Ages 21+ yrs.)

Join the fun! You will be guided through simple easy to follow steps and leave with a painting on a canvas. Juliee has been teaching new artists in our area since 2001. She is a well-known and highly sought artist having sold major works all over the United States and Great Britain. She has a fun easy and sassy style that will have you laughing and enjoying your night out.

FEE: \$30 for 16"x20" Canvas

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

CLASS # **DAY**

30700 W

TIME **DATE**

6:00PM-8:30PM 6/28 (Campfire)

CLASS # **DAY**

30701 SAT

TIME **DATE**

6:00PM-8:30PM 7/22 (Drink)



Paint Your Pet pARTy

(Ages 14 to Adult)

Come paint your pet on a canvas...How can it be so easy? (You might be asking) well, Juliee will prep the outline of your one pet on your canvas. All you need to do is submit 3 close up photos of your pet. She will then choose the best one and get your canvas prepped for you. It's that simple...you get to do the fun part... paint your masterpiece!

DEADLINE for reserving your paid seat is 10 days prior to your date. Class size is limited and seats go fast. Sign up today!

FEE: \$35 for 8"x10", \$45 for 11"x14", \$55 for 16"x20" Canvas

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

INSTRUCTIONS: Once you have registered with the Community Center, you will e-mail Juliee at smearedpaint.jh@gmail.com with 3 close-up photos of your one pet (dog, cat, hamster, etc.) Please note in the subject line "TODDB Pet Paint Party". Deadline for submitting 3 photos via e-mail is 9 days prior to your date.

Online registration not available for this class. Call 392-4575 to register.



Example Painting

CLASS #	DAY	TIME	DATE	DEADLINE
30702	W	6:00PM-8:30PM	6/14	6/4
30703	W	6:00PM-8:30PM	7/12	7/2
30704	W	6:00PM-8:30PM	8/23	8/13

ACTIVE ADULT PROGRAMS



Card Groups

These card groups meet at the Discovery Bay Community Center, 1601 Discovery Bay Blvd.

Hand & Foot

No reservations needed. This “Free” program is played every Wednesday from 12:00PM-4:00PM

Duplicate Bridge

Reservations required. This is a Sanctioned Game, \$6 is due to the game host. Played every Saturday from 12:00PM-4:00PM

SENIOR SERVICES – CONTACT INFORMATION

Senior Information & Assistance Program

The East County Aging and Adult Services Department provides local assistance to seniors aged 60+, adults with disabilities, and caregivers. Program sessions are by appointment only and cover a variety of topics including referrals and assistance to obtain services. (925) 229-8434

Meals on Wheels

Are you 60 years of age or older, homebound and need assistance with daily meals? Call the “Meals on Wheels” program at (925) 625-4545.

Health Insurance Counseling and Advocacy Program (HICAP)

HICAP provides free and objective counseling and advocacy services to families who need assistance with Medicare enrollment and with issues involving Medicare and associated insurance programs. For an appointment, call (925) 602-4168.

Contra Costa Crisis Center

Call 211 ~ Help starts here. A fast, free, and confidential service that can help with emergency food, rental assistance, healthcare, housing/shelter, senior services, utility assistance, job services, transportation and much, much more.



Community Garden

The Town of Discovery Bay has an active Community Garden area located at the Community Center, 1601 Discovery Bay Blvd. If you are interested in leasing one of the few remaining available beds to grow your own veggies, fruits or flowers, please contact Rhonda Cardwell at the Discovery Bay Community Center, (925) 392-4575 or visit our website at www.todb.ca.gov

We Specialize in Alzheimer's and Dementia Care at Home



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IN-HOME CONSULTATION**

**We are devoted to seniors and the chronically disabled
who aren't ready to leave home for an institutional setting.**

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Medication Reminders • Light Housekeeping
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**Our caregivers are the cream of the crop! State-registered,
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925-240-5770

info@homelifeseniorcare.com

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For all our services visit www.HomeLifeSeniorCare.com

6440 Brentwood Blvd., Suite A, Brentwood, CA 94513

— Paid Advertisement



1601 Discovery Bay Blvd.
Discovery Bay, CA 94505
(925) 392-4575

Online Registrations are encouraged!
www.todb.ca.gov/content/programs

CLASS / PROGRAM REGISTRATION FORM

REGISTRANT INFORMATION:

First Name: _____ Last Name: _____

Address: _____

City: _____ Zip: _____ Phone: _____

Email: _____

Would you like updates on new classes and events at the Community Center? YES____ NO____

EMERGENCY or PARENT/GUARDIAN INFORMATION:

Name: _____ Phone: _____

Program Name	Class #	Date of Birth	Gender	Program Fee

REFUND POLICY: *Customer requested refunds/transfers **NO LATER THAN 3 BUSINESS DAYS PRIOR TO THE FIRST DAY OF CLASS. NO REFUNDS AFTER FIRST CLASS.** No refunds or make-ups for missed day. A processing fee of \$7 will be charged for all cancellations after a registration has been processed. If minimum class size is not met by Wednesday prior to the start of class, the class may be cancelled. In the event that the District cancels a class, you will receive a full refund. Outdoor classes are cancelled in the event of lightning.*

ASSUMPTION OF RISK, RELEASE, HOLD HARMLESS AND CONSENT TO MEDICAL TREATMENT AND PHOTOS:

On behalf of myself and/or any minor child named above, I acknowledge that I am (minor is) in good physical condition to participate in the activity and that accidents and injuries can arise from such participation. Knowing these risks, and in consideration of acceptance of my application, I voluntarily desire to participate (have minors participate) in this activity. I assume all risks and waive and release Town of Discovery Bay and its officers, employees and agents from any claims or liability for personal injury (including death) or property damage arising from or connected with participation in the activity, even if the liability may arise out of the negligence or carelessness of the District or its officers, employees and agents. I further agree to hold harmless, indemnify and defend the District and its officers, employees and agents, who through negligence or carelessness might otherwise be liable to me (or my heirs or assigns). In the event of injury or illness, I consent to and agree to be responsible for transportation to a medical facility and whatever examination, procedure or treatment considered necessary by the medical personnel. This assumption of risk, release and hold harmless is binding on my heirs, dependents, executors, administrators, and assigns. I agree to abide by any rules and regulations for the activity. I give consent to the Town of Discovery Bay Community Services District to photograph or video the participation for any legitimate purpose by the District or the sponsors of an activity.

REGISTRANT ACCEPTANCE:

Signature: _____ Date: _____

FOR DISTRICT USE ONLY:

Received by: _____ Date: _____



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August 11-12 / Discovery Bay, CA

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